

## THE CALIFORNIA NATIONAL ARCHERY IN THE SCHOOLS PROGRAM

YOU DO NOT NEED TO BE AN EXPERIENCED ARCHER—ANYONE CAN DO THIS!



The California National Archery in the Schools Program (NASP) provides educators the opportunity to engage with students through a sport that is inclusive of students of any skill and ability. It is an international-style archery program taught by teachers and delivered to students through their school's physical education classes in grades 4-12.



WATCH OUR VIDEO ON HOW SCHOOLS CAN PARTICIPATE IN NASP.



CalNASP is an affiliate of the National Archery in the Schools Program (NASP™)—a non-profit, international style archery program dedicated to providing students in grades 4-12 the opportunity to learn and participate in target archery.

The California Department of Fish and Wildlife (CDFW) oversees the CalNASP program and trains teachers to use NASP certified equipment and lesson plans. Teachers attend an either eight-hour certification course or a hybrid course (four-hour online and four-hour in-person) that include: range set up and safety, coaching techniques, teaching the new archer and running the range.

NASP is designed to be taught indoors to insure a more controlled and safe range—school gymnasiums or recreational buildings are often used. For schools without indoor space, an outdoor range is allowed but must follow a specific range setup with a required amount of safety clearance. Start-up equipment costs roughly \$3,200 and funding options are available for qualifying campuses through the CDFW NASP Equipment Grant program.



The NASP curriculum is aligned to the State Physical Education Standards and has been reviewed by the California Department of Education. We also offer standards-based activities from other subject areas, such as Math, English and Language Arts.



Many students report that archery is their favorite unit and has made physical education classes more fun and interesting. Teachers also report that attendance improves on archery days. Students learn focus, self-control, discipline, patience and life lessons required to be successful in the classroom and in life. NASP has both team and individual competitions and is an activity that doesn't discriminate based on popularity, athletic skill, gender, size or academic ability. It is truly an inclusive sport for anyone!



If you are a parent looking to help your child find a sport or activity that they truly enjoy, make an appointment to talk to a school administrator about archery. If you are a teacher, please consider adding this great program to your school year plan. You do not need to be an experienced archer—anyone can do this!



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